



## PROJECTNURTURE

### *A Center of Excellence model that integrates maternity care and addiction treatment*

Project Nurture provides prenatal care, inpatient maternity care, and postpartum care for women who struggle with addictions as well as pediatric care for their infants. Women who are enrolled also receive Level 1 outpatient addiction treatment by certified alcohol and drug counselors (CADCs), and Medication Assisted Therapy (MAT) using methadone or buprenorphine when indicated. Women needing higher levels of care are referred but continue in the project. Project Nurture's model is to engage women in prenatal care and drug treatment as early in pregnancy as possible and care for them and their infants for up to a year postpartum, providing peer support, case management and advocacy services throughout. Women who participate in Project Nurture are informed of policies regarding DHS Child Welfare reporting and we believe that this transparency facilitates a trusting relationship with providers and allows us to advocate for women and their families whenever possible. There are three sites of Project Nurture in the Portland Metro area.

**Legacy Midwifery clinic on the Emanuel campus** Legacy has partnered with Lifeworks Northwest to provide a combination Centering Pregnancy and Level 1 Outpatient addiction treatment group that meets weekly. A Lifeworks CADC provides individual drug and alcohol assessments, referrals for inpatient and mental health services and co-facilitates the treatment groups with a CNM clinician. Peer support is provided through the group prenatal care model and a strong Peer Recovery Mentor and doula on the team. Women using any substance who wish to deliver at Legacy Emanuel are eligible for services at this site.

**CODA, Inc. on East Burnside** CODA has partnered with OHSU Family Medicine to provide maternity and pediatric care to women coming to CODA for treatment of opiate addiction during pregnancy. A robust Medication Assisted Treatment (MAT) program is available. Weekly prenatal groups are facilitated by specially trained doulas who are also available to provide delivery and postpartum support for women enrolled the CODA Project Nurture site. Women seen at this site deliver at OHSU. Participants can transition to OHSU Family Medicine as a long term primary care home.

**Providence Milwaukie Family Medicine Clinic** Providence Milwaukie Family Medicine and Providence Behavioral Health partner to provide maternity care and Level 1 outpatient addiction treatment through weekly treatment and maternity care groups. Our LCSW counselor facilitates weekly groups, provides drug and alcohol assessments, completes mental health assessments and refers patients to higher levels of treatment as needed. We have a specially trained Peer Support Specialist as a core care team member, providing peer recovery support and mentoring. Participants deliver at Providence Portland Medical Center. Providence Milwaukie Family Medicine is a full-spectrum family medicine clinic and medical home, and offers continuous care for mothers and their infants all in one location.

#### **CONTACTS AND REFERRAL:**

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*Project Nurture is a partnership of Legacy Health Systems, Lifeworks NW, CODA, Inc., Oregon Health and Science University, Oregon DHS Child Welfare and Health Share of Oregon.*

