

# Tri-County Substance Use Disorder Best Practice Guidelines



Support  
Recovery

A phased approach to advancing high quality care for  
substance use disorders

## Initiative background, overview & goals

The Tri-County Substance Use Disorder (SUD) Best Practice Guidelines advance standards of care and promote best practice for substance use disorder providers working with Health Share members in Clackamas, Multnomah and Washington counties.

The Guidelines were developed in 2017-2018 in collaboration with six local substance use disorder providers, Health Share's behavioral health plans at Multnomah, Clackamas, and Washington counties, public health, and a peer-run organization. The Guidelines will be revised periodically as new research on addiction, recovery, and culturally promising practices are discovered.

## Key partners

- Substance Use Disorder Providers (Cascadia, CODA, Lifeworks NW, NARA, Youth Contact, DePaul)
- Behavioral Health Plans at Clackamas, Multnomah, and Washington counties
- Multnomah Public Health
- Mental Health America of Oregon (peer-run organization)



Partner Organization | Contact Information



## What's been done so far

The Guidelines were collaboratively developed and finalized. All Health Share contracted substance use disorder providers were sent the Guidelines and language from the Guidelines will be in provider contracts held at Health Share beginning in early 2019.

Here are some of the likely impacts for this work:

- Increased access to evidence-based treatment for Health Share members
- Improved health outcomes
- Reduced practice variation between providers
- Clearly defined standards of care in substance use disorder provider contracts beginning in 2019
- Increased provider-to-provider collaboration and partnership

## Next steps

Health Share aims to work collaboratively with providers to advance a comprehensive and coordinated System of Care. As we implement the Guidelines, here's what providers can expect:

- Provider forums where SUD providers can identify their unique strengths and areas of need
- Individualized technical assistance, beginning in 2019
- Community-wide provider trainings on topics identified by SUD providers, beginning in 2019
- Financial incentives for SUD providers
- Sixty-day notice of any contract changes
- Shared accountability in developing a culture of recovery

**To learn more about the Guidelines, including a full copy of the Guidelines, please visit [HealthShareOregon.org/for-providers/behavioral-health-resources](https://HealthShareOregon.org/for-providers/behavioral-health-resources).**