

# Project Nurture believes people need and deserve support for recovery and safe and healthy parenting. Project Nurture aims to provide the support they need to get there.

Project Nurture is a Center of Excellence model that provides integrated medical care, addiction treatment, advocacy and support for pregnant people who use or have used substances. It is a holistic, team-based program, centered around peer support and founded on harm reduction and trauma-informed care principles. All sites offer:

- Pregnancy care with a midwife or doctor
- Addiction treatment with a licensed counselor
- Medications for Opioid Use Disorder
- Case management and advocacy for accessing community resources
- Peer support from other pregnant people, peer mentors and/or doulas
- Consultation for interested patients and providers

### CODA/OHSU:

- Partnership with addiction treatment services provided by CODA, pregnancy and newborn care provided by family medicine physicians from the Oregon Health and Science University (OHSU) Richmond Clinic, and peer support provided by community doulas
- Located at CODA, Inc. (1027 E Burnside St) with delivery at OHSU (3181 SW Sam Jackson Park Rd)
- Contact: CODA: (855)SEE-CODA; Lead: Liberty Martinez Bird, LPC, MAC, CADC III; Richmond Clinic: (503)418-3900; Lead: Hannah Kamsky, RN, BSN

#### **Kaiser Permanente:**

- Partnership with pregnancy care provided by Kaiser Permanente obstetric clinics and peer support and addiction treatment services provided by Mental Health & Addiction Association of Oregon
- Two locations at Interstate Medical Office East (3550 N Interstate Ave) and Rockwood Medical Office (19500 SW Stark St) with delivery at Kaiser Sunnyside Medical Center (10180 SW Sunnyside Rd, Clackamas) or Kaiser Westside Medical Center (2875 NE Stucki Ave, Hillsboro) (and other affiliated hospitals outside of the Portland area)
- Contact: (855)285-4246 (ask about Project Nurture); Project Nurture team: KPNW-ProjectNurture@kp.org

#### <u>Legacy Midwifery/Lifeworks NW:</u>

- Partnership with pregnancy care and peer support provided by Legacy Midwifery clinic and addiction treatment services provided by Lifeworks Northwest
- Located at Legacy Midwifery Clinic (2800 N Vancouver Ave Suite 255) with delivery at Legacy Emanuel & Randall Children's Hospital (2801 N Gantenbein Ave)
- Contact: Legacy Midwifery Clinic: (503)413-4500; Lead: Chelsea Barbour, LCSW <u>cbarbour@lhs.org</u>; Julie Bennette, Peer Mentor: (971)336-0771

## **Providence:**

- Primary care medical home, providing pregnancy and newborn medical care, mental health care, addiction treatment services, and peer support
- Two locations at Milwaukie Family Medicine (10330 SE 32<sup>nd</sup> Ave, Milwaukie) and North Portland Family Medicine (4920 N Interstate Ave) with delivery at Providence Portland Medical Center (4805 NE Glisan St)
- Contact: Milwaukie: (503)513-8950; Maria Wunderbro, LCSW <u>maria.wunderbro@providence.org</u> (971)645-7948; Rebecca Rourke, LPC, CADC II (971)349-2356 <u>rebecca.rourke@providence.org</u>; Kasey Edwards Snider, Peer Mentor: (971)808-6217
- Contact: North Portland: (503)349-9443

<u>General Project info</u>: Emily Wulff, NNP-BC <u>emily.wulff@providence.org</u>

















